

# FINANCIAL COACHING



[www.WingsforWidows.org](http://www.WingsforWidows.org)

There are many financial, legal and other practical matters to deal with after a loss. We offer free virtual coaching with licensed financial advisors. This is what sets us apart - and above - all other financial literacy services. Most importantly, we cater to widows and widowers with the sole mission of returning you to financial wellness quickly, safely, and confidentially.



## Progress Check

We invite all widows to take our confidential Progress Check - a five-minute survey that will help you better understand your current financial situation. How are you progressing with your long list of "to-do's?" What haven't you done that you didn't know needed doing? Where are you clearly struggling and need help? Our Progress Check is free, helpful to you, and a starting point if you decide to work with us. Visit [www.wingsforwidows.org](http://www.wingsforwidows.org) to get started.



## Getting Started

Too often, widows don't know what they don't know about finances. As if processing grief isn't overwhelming enough, you now have to grapple with a mountain of new information. The media bombards you with financial headlines, friends and family offer financial advice, and you have no clue who to trust at such a vulnerable and uncertain time in your life. If this describes you, you're in the right place. To get started visit our website or call 612-466-2716.



## Financial Coaching

If you have a smartphone, computer, or tablet, you are ready to be coached "virtually." You will receive our "New Widow's Guidebook to Financial Wellness" and work with a pro bono CFP advisor. We do not charge for our services. Also, now you can include trusted family members or friends to join you during your coaching calls. In fact, we encourage it. We can help you embrace your financial future with confidence, but it's up to you to take the first step.